

# WeaverHouse Equine News

WINTER 2016 \*\*\*\*WINTER 2016\*\*\*\*WINTER 2016\*\*\*\*WINTER 2016\*\*\*\*



**WeaverHouse Equine treats horses all over the UK and Channel Islands. If you would like your horse treating, please contact us and we will try to arrange an appointment for you asap. The call out fee can be shared amongst several horses - for full details call 0845 519 8614**

*Hi there everyone !*

*Well, here we all are in to a brand New Year – 2106. Time certainly has gone very quickly this year. Paddy and I have really had a super year out competing. He has really looked after his dad and it has been rare to come home without a rosette or 2 ! I am now concentrating on the indoor jumping season so hope to see some of you out and about. The mild weather has caused all sorts of problems, including horses over heating as they have too many rugs on. We are so used to being so very cold this year, only a couple of weeks ago here in Cheshire, it was 16 degrees !! Adam and I, and indeed the rest of the team, wish you and your horses all the very best for 2016, whatever you are doing with them. Have fun, but most importantly, be safe. I am really looking forward to meeting all clients new, old, or current, this 2016. Warmest regards as always, Andy.*



Alan Johnson and Katy Teasdale .....  
You would have more than likely have seen Alan Johnson accompanying Adam on his yard visits. We also now have another addition to the Equine Osteopathic team, that being Katy Teasdale. Katy is a very experienced human Osteopath, and is now continuing to learn about the Equine side of the Osteopathy within the business. Look out for her with Adam and Alan, as Katy is really looking forward to meeting you all !!

*Here are a couple of tips riders and their helpers to keep warm this Winter .....*

**Cosy legs** – on those chilly Winter days try wearing one or two pairs of tights under your jodhpurs, they are great for insulation jockeys swear by it !!

**Cosy hands** – There's nothing worse than cold wet gloves when you are riding and ice cold water when you are washing those buckets out ! Brrrr! Keep a pair of rubber gloves handy to put on over your gloves when washing buckets, this will keep your hands warm and dry. You can also wear a pair of disposable/latex gloves under your riding gloves to stop your hands getting wet during riding.



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***Here are some top tips for keeping your horses safe and sound this Winter***

1. Put thin rugs under thick rugs, they're a lot easier to get clean OR
2. Try putting thin rugs over thick rugs, instead of the traditional underneath method. They're easier to wash and if they get torn they're a lot cheaper to replace.
3. Wear two pairs of gloves, leave another at the yard and another in your car.
4. Plastic sledges are great for moving things when there's snow or ice. Just put the item on top and tow it along. Saves fighting with wheelbarrows!
5. Carry lock de-icer and WD40 with you at all times using it to thaw out padlocks — then there will be no need to use bolt cutters.
6. Cover your padlocks with a plastic bag as it helps to stop them from freezing solid.
7. Buy 14 haynets and fill them up on a Sunday ready for the whole week.
8. Pin-up a picture of you and your horse in the Summer to remind yourself of what he looks like at that time of year (it'll remind you why you are putting yourself through the cold evenings).
9. Invest in a plug in flask for your car — you just plug it into your lighter socket and you'll have a warm drink in no time.
10. A brick in an old carrot bag is a great way of smashing through deep ice in water troughs. And use a plastic colander to fish the broken ice out of the trough to slow down the refreezing process without getting very cold wet hands.
11. When rugging up it is better to use lots of thin rugs rather than just one thick rug. That way you can add/take off a layer depending on the temperature.

